



YOUNG WOMEN'S LEADERSHIP CHALLENGE



Sample Curriculum

WHO ARE WE? WHAT DO WE DO? HOW DO WE DO IT?



Our Vision

Our vision is to help foster a society where all have the ability to live up to their full potential and be important contributing members in their communities.

At The Pangea Network, we believe women and youth are an integral part of positive change throughout the world. Our vision is that by working together with these sectors of society, we will extend change to families, villages, and the entire communities.

Our Mission

The Pangea Network is an international non-profit dedicated to empowering motivated individuals in Kenya and the United States with knowledge, skills and an ongoing network of support in order to achieve their dreams and make positive, life-changing contributions to the communities in which they live.

Our Programs

- Women's Cooperatives
- Young Women's Leadership Challenge (YWLC)
- Student Sponsorships

Contact Us

thepangeanetwork.org
info@thepangeanetwork.org
281-292- 1211

Like us on Facebook and Instagram!

[facebook.com/thepangeanetwork](https://www.facebook.com/thepangeanetwork)
[@Pangea4Change](https://www.instagram.com/Pangea4Change)



WELCOME TO THE YOUNG WOMEN'S LEADERSHIP CHALLENGE



In order to make your experience as positive, rewarding, and safe as possible, please carefully review the following information. Please do not hesitate to ask any questions you may have.

Requirements and Expectations of YWLC Participants:

- Participants are expected to exemplify the qualities of a young woman of integrity at all times
- Demonstrate initiative in each YWLC activity
- Exercise positive influence on peers in upholding YWLC ideals
- Contribute ideas that improve YWLC
- Be able to delegate responsibilities within group activities
- Exemplify a positive attitude and inspire constructive behavior in others
- Exhibit reliability and dependability
- Be thoroughly dependable in any extra responsibility accepted
- Dress in an appropriate and respectful manner reflective of a YWLC leader
- Be a leader in the classroom, at work, and in other school or community activities once you leave YWLC



THINGS TO KNOW



Attendance

Consistent attendance demonstrates progression towards becoming a strong leader and timely arrival is expected each day. If there are extenuating circumstances, please inform Pangea director Nicole Minor.

What to Wear

Please dress casually and appropriately and wear comfortable walking shoes. Sometimes the classroom is cool, so please bring along a jacket or sweatshirt.

Self-Defense Class

Wear comfortable work-out gear (t-shirt, gym shorts or yoga pants) and tennis shoes.

Service Project

You will be provided a t-shirt to wear for this day, but please wear close-toed shoes and long/pants/jeans or long shorts (below the knee).

What to Bring

The Pangea Network will provide you with a journal, pens and highlighters, and other resources at the beginning of the week. You will be expected to bring these with you every day.

You may also want to bring a sweatshirt or jacket, an umbrella, or any other personal items.

Lunch/Snacks

The Pangea Network will also provide you with lunch, water and snacks every day. Please let us know via e-mail at info@thepangeanetwork.org as soon as possible if you have any dietary restrictions.

We are excited to see you at the Young Women's Leadership Challenge! To learn more about The Pangea Network, visit thepangeanetwork.org. Feel free to contact us via email, info@thepangeanetwork.org or phone, 281-292-1211.

In the case of an emergency, please contact YWLC Director Nicole Minor at 650-270-6088 or YWLC Teacher Brittany Brown at 832-630-8914. Also, don't forget to like us on Facebook (www.facebook.com/thepangeanetwork) and Instagram (@Pangea4Change) to stay up to date with photos and happenings during the YWLC weeks.

DAY 1

GLOBAL ISSUES/HUMAN RIGHTS

8:00 AM - 8:30 AM	Welcome/Registration Desk (Parents are welcome)
8:30 AM - 11:30 AM	Morning Session
11:30 AM - 12:30 PM	Lunch/Small Groups
12:30 PM - 4:30 PM	Afternoon Session Speaker

DAY 2

SELF-ESTEEM AND BODY IMAGE

8:30 AM - 11:30 AM	Morning Session Speaker
11:30 AM - 12:30 PM	Lunch/Small Groups
12:30 PM - 4:30 PM	Afternoon Session

DAY 3

WOMEN IN LEADERSHIP/STEM & SERVICE

8:30 AM - 11:30 AM	Morning Session Speaker
11:30 AM - 12:30 PM	Lunch/Small Groups
12:30 PM - 2:30 PM	Afternoon Session
2:30 PM - 4:30 PM	Self-Defense Class



DAY 4

FINANCIAL LITERACY



- 8:30 AM - 11:00 AM** Morning Session Speaker
- 11:00 AM - 12:00 PM** Speaker
- 12:00 PM - 12:30 PM** Lunch/Small Groups
- 12:30 PM - 3:30 PM** Service Project
- 3:30 PM - 4:30 PM** Afternoon Session

DAY 5

PEACEBUILDING & GLOBAL CITIZENSHIP



- 8:30 AM - 10:30 AM** Morning Session Speaker
- 10:30 AM - 11:30 AM** Speaker
- 11:30 AM - 12:00 PM** Lunch/Small Groups
- 12:00 PM - 2:30 PM** Take Action Challenge Introduction
- 2:30 PM - 4:30 PM** Afternoon Session

DAY 6

MOVING FORWARD / TAKE ACTION



- 8:30 AM - 11:30 AM** Morning Session Speaker
- 11:30 AM - 12:00 PM** Lunch/Small Groups
- 12:00 PM - 1:30 PM** Take Action Prep
- 1:30 PM - 3:00 PM** Take Action Presentation
- 3:00 PM - 4:30 PM** Closing Ceremony